

# Portugal – 7-Day Luxury Itinerary

Curated by Sam Simran Pal – TripsWithSam

A refined journey through Portugal's best — from Lisbon's golden light and palaces of Sintra, to Porto's riverside charm, the vineyards of Douro, and the coastal calm of Algarve. A perfect mix of culture, cuisine, and coast in one seamless week.

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## Full Day-to-Day Itinerary

### Day 1 – Arrival in Lisbon & Alfama Evenings

- Arrive at Lisbon Airport (LIS) and private transfer to your hotel. Suggested luxury stays: Four Seasons Ritz Lisbon or Memmo Alfama (boutique).
  - Afternoon: Explore Alfama's winding alleys, Miradouro viewpoints, and Fado music cafés.
  - Dinner: Belcanto (Michelin 2-star) or Bairro do Avillez for contemporary Portuguese cuisine.
  - Optional: Sunset drink at Park Rooftop overlooking the city.
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### Day 2 – Lisbon: History, Design & Belém

- Morning: Visit Jerónimos Monastery, Belém Tower, and MAAT Museum (modern architecture).
  - Lunch: Pastéis de Belém (iconic pastry stop) + riverside dining at Sud Lisboa.
  - Afternoon: Explore LX Factory – a creative hub of boutiques and galleries.
  - Dinner: Local fine dining at Feitoria or a modern tasting menu at Prado.
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### Day 3 – Sintra & Cascais Day Trip

- Private day tour: Pena Palace, Quinta da Regaleira, and Sintra's hilltop gardens.
  - Lunch: In Sintra town (Tascantiga or Incomum).
  - Afternoon: Drive to Cascais for coastal walk, Guincho Beach views.
  - Return to Lisbon in evening. Dinner at A Cevicheria or rooftop bar at your hotel.
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### Day 4 – Lisbon → Porto (Train or Private Transfer)

- Morning: Scenic Alfa Pendular train to Porto (approx. 3 hrs). Check-in at The Yeatman or Toren Avantgarde.
- Afternoon: Walk along Ribeira, cross Dom Luís I Bridge for sunset views.
- Dinner: DOP by Rui Paula or Cantinho do Avillez.
- Optional: Night river cruise for city lights.

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### Day 5 – Porto & Douro Valley Excursion

- Private full-day Douro Valley tour. Visit vineyards, enjoy a wine-tasting lunch overlooking the river.
- Optional stay at Six Senses Douro Valley (for ultra-luxury overnight).
- Return to Porto for dinner and relaxed evening.

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### Day 6 – Porto → Algarve (Flight / Train + Transfer)

- Morning flight or high-speed train to Faro, private transfer to your Algarve resort. Suggested stays: Vila Vita Parc or Conrad Algarve.
- Afternoon: Relax by the coast, visit Benagil Caves by private boat.
- Dinner: Ocean Restaurant (Michelin 2-star) or beachside seafood dinner.

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### Day 7 – Algarve: Coastal Luxury & Departure

- Morning: Breakfast with ocean views, leisure time at the spa or beach walk.
  - Lunch: Local seafood and Algarve wines before transfer to Faro or Lisbon Airport.
  - End of journey — Portugal’s finest, wrapped in style and ease.
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### Practical Travel Info

- Main Airports: Lisbon (LIS), Porto (OPO), Faro (FAO).
- Transfers: High-speed trains (Lisbon–Porto), private drivers, or short internal flights.
- Currency: Euro (€).

- Best Months: April–June & September–October (mild weather, fewer crowds).
- Luxury Hotels: Four Seasons Lisbon, The Yeatman Porto, Six Senses Douro, Vila Vita Parc Algarve.

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### **Travel Tips & Essentials**

- Book top restaurants (Belcanto, Ocean, Feitoria) and Douro tours in advance.
- Carry light layers – evenings can be breezy even in summer.
- Card payments accepted almost everywhere.
- Local treats not to miss: Pastel de nata, port wine, and Algarve seafood.
- For luxury transfers, book private chauffeurs through your hotel concierge.

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